

My visit to Brimbank Park





VisitMove dominant index and middle fingers forward from eye.



Hold both fists at sides of body. Move hands, arms and body in slight swinging motion.

I am going to Brimbank Park. There will be people at the park.





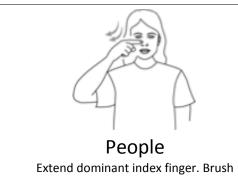
Go

Swing slightly cupped dominant hand forward in relevant direction. Finish with straight fingers. *With directionality.



Park

Hold both fists at sides of body. Move hands, arms and body in slight swinging motion.



formation

At Brimbank Park I can do many different things.







Hold both fists at sides of body. Move hands, arms and body in slight swinging motion.



Signing

Open and spread fingers of both hands and hold together in front of body, palms facing – with a continuous movement, move formation in forward circles alternately.

I can play in the playground.







Play
Simultaneously move both open hands, palms
up, in outward circles.



Playground

Hold both fists at sides of body. Move hands, arms and body in slight swinging motion.

I can play in the sandpit. I can sit in the sandpit and play. I can stand next to the sandpit and play.





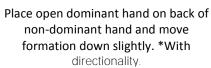


Sand
Brush ball of dominant thumb across
fingertips while moving arm up slowly
– end with a fist, thumb resting on
edge of index finger.



Simultaneously move both open hands, palms up, in outward circles.







Stand
Extend dominant index and middle fingers and "stand" tips of this formation on palm of non-dominant hand.

I can play in the big bird's nest. I can go inside the bird's nest. Inside the bird's nest it is quiet. I can go here if I need/want to be by myself.





Big

Place both open hands, palms facing body, fingers spread in front of body, one hand in front of the other. Move hands out to either side in an arc. (Natural gesture – mime the action).



Bird

Place tips of dominant index finger and thumb together – place formation in front of chin – open and close formation twice.



Quiet

Point dominant index finger and rest in front of lips. (Natural gesture).



Inside

Point dominant index finger, palm down, move towards the body over the top of barrier of open non-dominant hand. (Natural gesture – mime the action).



Nest

Slightly cup both hands, blades touching, and hold in front of body. Move hands apart in small upward arc to represent outline of bowl shape.



Alone

Point dominant index finger, palm facing body, finger up. Move hand in small circles while moving formation down.

I can climb to the top of the ladder inside the bird's nest. I can stand at the top and look down. I need to be safe when I am up at the top.





Climb

Move open cupped hands to mime action of climbing. *Sign may be varied for ladder, tree, etc.



Stand

Extend dominant index and middle fingers and "stand" tips of this formation on palm of non-dominant hand.



Up

Point extended dominant index finger up. Move formation up. (Natural gesture).



Look

Move dominant index finger forward from eye. (Natural gesture). * May use index and middle fingers slightly apart.



Down

Point extended dominant index finger down. Move formation down. (Natural gesture).



Safe

Move blade of slightly cupped dominant hand, across open palm of non-dominant hand towards body.

I can build a cubby. I can play in the cubby. I can do this with my friends or family. I can go here if I need to be by myself.





Build

Move dominant fist in small circles towards body, hitting twice on non-dominant fist.



Cubby

Open both hands, place tips of index and middle fingers together then move fingertips apart to trace the roof and walls of a house.



Friend

Clasp non-dominant fist with dominant hand and rock formation, backward and forward slightly, twice.



Alone

Point dominant index finger, palm facing body, finger up. Move hand in small circles while moving formation down.

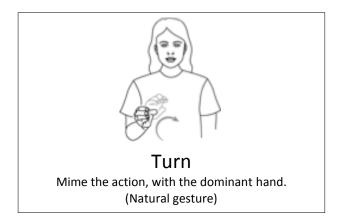
I can use the music box. It makes lots of different sounds. I can choose what sound I want it to make. I have to turn the handle to make it work. I can ask my adult or friend for help.





Make

Move dominant fist in small circles towards body, hitting twice on non-dominant fist.



In the playground there are wooden platforms. I can sit and rest here. I can sit and eat here.







Platform

Place open hands, palms down, fingers extended, thumbs closed, and index fingers touching, in front of body. Simultaneously move hands out to the side.



Sit

Place open dominant hand on back of nondominant hand and move formation down slightly. *With directionality



Eat

Close dominant fingertips onto ball of thumb.

Tap formation on chin, twice.

When I am in the playground, I have to be safe. I have to stay near my adult. Next to the playground there is a road. It has this sign next to it. That means

a car might drive on it. I have to look for cars.





Road

Both hands open, palms facing, fingers pointing down – move hands forward in a shallow arc, from about waist level.



Careful

Place tip of crooked index finger of dominant hand on same side cheek. Move formation forward in two small arcs.

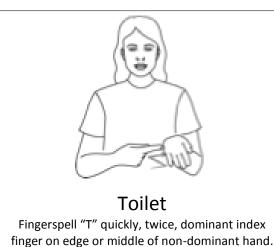


Car

Clench both fists in front of body. Move formation as if holding an imaginary steering wheel. (Natural gesture – mime the action).

There are toilets near the playground. If I need to go to the toilet, I need to tell my adult.





Where the toilets are there are hand dryers. People use them to dry their hands. They have a push button. If I push that button it will start. These hand dryers make a lot of noise.





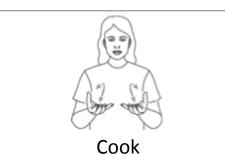
Dryer

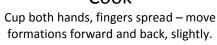
Open both hands in front of body, finger tips touching and thumbs above. Simultaneously move hands apart to finish with thumbs resting on tips of fingers.

There are places in the park where people can cook their food. There are places in the park where I can eat my food. I can sit at a table and eat my food. I can sit on a blanket and eat my food.

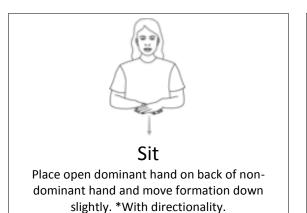














Place open hands together, palms down.

Move hands apart, then turn palms facing
and move downwards.

There are people that work in the park. They are called park rangers. They wear a uniform. If I meet a park ranger I can ask them questions about the

park.





People

Extend dominant index finger. Brush formation down tip of nose, twice.



Work

Hit blade of open dominant hand on base of thumb of open non-dominant hand, thumb closed, twice; non-dominant arm diagonally across body, blade down.



Ask

Place tips of dominant index finger and thumb together, other fingers spread, palm facing non-dominant side. Place formation at side of mouth and move forward in a small arc.

I can go for a walk in the park. I have to stay with my adult. This keeps us safe.





GO Swing slightly cupped dominant hand forward in relevant direction. Finish with straight fingers. *With directionality.



Walk

"Walk" extended dominant index and middle fingers along palm of open non-dominant hand.

There are many aeroplanes that fly over the park. I might hear the noise from the aeroplanes. I might see the aeroplanes.





Aeroplane

Extend dominant thumb and little finger and move formation away from body in a slight upward movement. May be repeated.



Over

Move relaxed open dominant hand, palm down, in forward arc over the back of the relaxed open non-dominant hand.

There is a café in the park. Sometimes the café is closed. I can eat my food in the café. I can buy things to eat at the café.





Café
Cup dominant hand, tap index finger
on chin, twice.



With both hands open, place non-dominant hand fingernails on heel of dominant hand. Close dominant hand to rest on back of non-dominant hand. (Natural gesture – mime the action).

Closed



Eat/Food
Close dominant fingertips onto ball of thumb. Tap formation on chin, twice.



Extend thumb of fisted dominant hand. Place this formation on fingers of open palm of non-dominant hand. Sweep the dominant hand formation towards the wrist and then away from body.

In the café there are maps of the park. In the café I can find out more

information about the animals in the park.





Map

Extend dominant index and middle fingers, fingers spread. Touch the palm of open non-dominant hand, first with tip of index finger, then with middle finger.



Park

Hold both fists at sides of body. Move hands. arms and body in slight swinging motion.



Animal

Extend middle and ring fingers to touch extended thumb of dominant hand, palm facing away from body at shoulder height. Extend index and little fingers upwards. Move formation forward and down slightly.